

CEF DIALANG self-assessment statements: Listening

CEF LEVEL	Listening
A1	I can understand everyday expressions dealing with simple and concrete everyday needs, in clear, slow and repeated speech.
A1	I can follow speech which is very slow and carefully articulated, with long pauses for me to get the meaning.
A1	I can understand questions and instructions and follow short, simple directions.
A1	I can understand numbers, prices and times.
A2	I can understand enough to manage simple, routine exchanges without too much effort.
A2	I can generally identify the topic of discussion around me which is conducted slowly and clearly.
A2	I can generally understand clear, standard speech on familiar matters, although in a real life situation I might have to ask for repetition or reformulation.
A2	I can understand enough to be able to meet concrete needs in everyday life provided speech is clear and slow.
A2	I can understand phrases and expressions related to immediate needs.
A2	I can handle simple business in shops, post offices or banks.
A2	I can understand simple directions relating to how to get from X to Y, by foot or public transport.
A2	I can understand the essential information from short recorded passages dealing with predictable everyday matters which are spoken slowly and clearly.
A2	I can identify the main point of TV news items reporting events, accidents, etc, where the visual material supports the commentary.
A2	I can catch the main point in short, clear, simple messages and announcements.
B1	I can guess the meaning of occasional unknown words from the context and understand sentence meaning if the topic discussed is familiar.
B1	I can generally follow the main points of extended discussion around me, provided speech is clear and in standard language.
B1	I can follow clear speech in everyday conversation, though in a real life situation I will sometimes have to ask for repetition of particular words and phrases.
B1	I can understand straightforward factual information about common everyday or job-related topics, identifying both general messages and specific details, provided speech is clear and generally familiar accent is used.
B1	I can understand the main points of clear standard speech on familiar matters which occur regularly.
B1	I can follow a lecture or a talk within my own field, provided the subject matter is familiar and the presentation straightforward and clearly organised.
B1	I can understand simple technical information, such as operation instructions for everyday equipment.
B1	I can understand the information content of the majority of recorded or broadcast audio material about familiar subjects spoken relatively slowly and clearly.
B1	I can follow many films in which visuals and action carry much of the storyline, and in which the story is straightforward and the language clear.
B1	I can catch the main points in broadcasts on familiar topics and topics of personal interest when the language is relatively slow and clear.

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B2	I can understand in detail what is said to me in the standard spoken language. I can do this even when there is some noise in the background.
B2	I can understand standard spoken language, live or broadcast, on both familiar and unfamiliar topics normally encountered in personal, academic or vocational life. Only extreme background noise, unclear structure and/or idiomatic usage causes some problems.
B2	I can understand the main ideas of complex speech on both concrete and abstract topics delivered in a standard language including technical discussions in my field of specialisation.
B2	I can follow extended speech and complex lines of argument provided the topic is reasonably familiar, and the direction of the talk is clearly stated by the speaker.
B2	I can follow the essentials of lectures, talks and reports and other forms of presentation which use complex ideas and language.
B2	I can understand announcements and messages on concrete and abstract topics spoken in standard language at normal speed.
B2	I can understand most radio documentaries and most other recorded or broadcast audio material delivered in standard language and can identify the speaker's mood, tone, etc.
B2	I can understand most TV news and current affairs programmes such as documentaries, live interviews, talk shows, plays and the majority of films in standard language.
B2	I can follow a lecture or talk within my own field, provided the presentation is clear.
C1	I can keep up with an animated conversation between native speakers.
C1	I can understand enough to follow extended speech on abstract and complex topics beyond my own field, though I may need to confirm occasional details, especially if the accent is unfamiliar.
C1	I can recognise a wide range of idiomatic expressions and colloquialisms and recognise changes in style.
C1	I can follow extended speech even when it is not clearly structured and when relationships between ideas are only implied and not stated explicitly.
C1	I can follow most lectures, discussions and debates with relative ease.
C1	I can extract specific information from poor quality public announcements.
C1	I can understand complex technical information, such as operating instructions, specifications for familiar products and services.
C1	I can understand a wide range of recorded audio material, including some nonstandard language, and identify finer points of detail, including implicit attitudes and relationships between speakers.
C1	I can follow films which contain a considerable degree of slang and idiomatic usage.
C2	I can follow specialised lectures and presentations which use a high degree of colloquialism, regional usage or unfamiliar terminology.