

Listening Self-Assessment (Pair work)

Name 1	Name 2	Date
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1. Exchange sheets with your partner
2. Ask your partner the questions on this page (#1 – 20).
"When people talk to you, do you ...?"
3. Mark your partner's responses (#1, 2, 3, 4, or 5).

① = Always; ② = Often; ③ = Sometimes; ④ = Almost never; ⑤ = Never.

When people talk to me ...	1	2	3	4	5
1. ... I listen 100%.					
2. ... I make eye contact with them.					
3. ... I think of my answers.					
4. ... I don't speak until they have finished.					
5. ... I use positive body language.					
6. ... I make sounds ("Uh-huh," etc.) to show that I understand.					
7. ... I use nod my head (etc.) to show that I understand.					
8. ... I check that I understand ("You mean ...? Etc.).					
9. ... I ask for repetition ("What did you say?") when I need it.					
10. ... I ask them to speak slowly and clearly.					
When other people listen to me ...					
11. ... I make eye contact.					
12. ... I check that they understand ("Are you with me?" "OK?").					
13. ... I repeat my ideas to help comprehension.					
14. ... I use positive body language.					
15. ... I look at the body language of the listener.					
16. ... I listen for the verbal clues of the listener ("Eh?" "Hmm").					
17. ... I speak clearly and slowly.					
18. ... I allow them to interrupt me and ask questions.					
19. ... I speak in a friendly manner.					
20. ... I try to cooperate with the listener.					